

Hall Township: Echo Bluff Park  
108 Wolfer Industrial Park  
Spring Valley, Illinois 61362  
815-447-2115



PARTICIPANT or CAMPER HEALTH HISTORY FORM

NAME \_\_\_\_\_ DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

INSURANCE COMPANY: \_\_\_\_\_ POLICY # \_\_\_\_\_

PLEASE READ: This form is intended to remind leaders and participants of the seriousness of attempting adventure activities with an old, preexisting injury, a heart condition or other condition which might be aggravated by the event.

1. Any preexisting injuries (ankle, knee, back, neck, etc.) that might be aggravated by the event? YES NO
2. Taking any current medications? YES NO
3. Any heart problems or heart medications? YES NO
4. Do you have high blood pressure? YES NO
5. Please list all Allergies

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6. Do you have any physical limitations? YES NO

Current level of activity back home LOW MEDIUM HIGH

Please include any additional information that you feel is relevant:

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Parent or Guardian signature: \_\_\_\_\_

In case of emergency – contact: \_\_\_\_\_